

# KLAH-CHE-MIN

?acaciMalbix GeA te HeIW yex ti stultuleI . A PUBLICATION OF SQUAXIN ISLAND TRIBE ?acaciMalbix GeA te HeIW yex ti stultuleI .

APRIL 2003

People of the Water

COMPLIMENTARY

## County Commissioners Approve Special Commission of Tribal Officers

*Funds Received from Little Creek Casino Community Contribution Program*

*Will Fund 1 FTE Deputy Position to Serve Area Close to Squaxin Community*

Mason County Commissioners unanimously approved an agreement between the Mason County Sheriff's Office (MCSO) and the Squaxin Island Tribe which allows special commission of tribal officers.

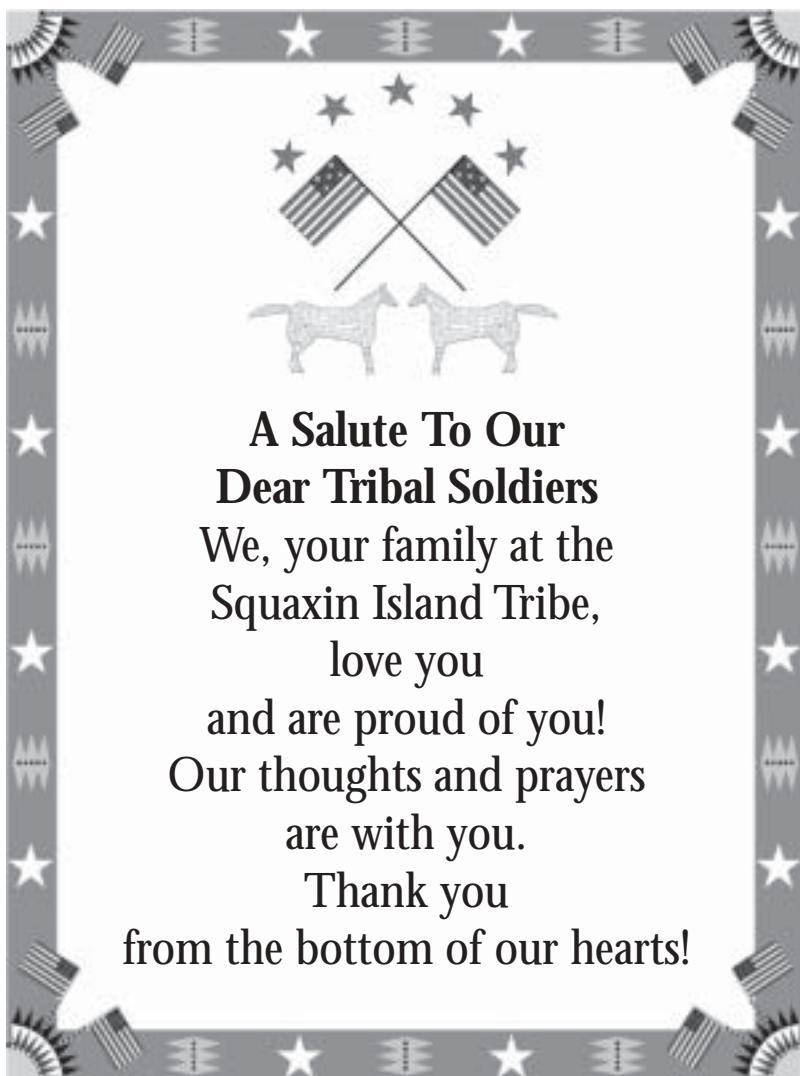
According to the agreement, tribal Public Safety Officers will now be able to not only detain non-tribal suspects, but also make arrests, transport them to jail and follow up all the way through the court process. All this will be done with constant communication with MCSO.

According to law enforcement officials, this agreement will help fill the gaps in jurisdiction and improve the timeliness of arrests.

*Continued on Page 17.*



*L-R: Squaxin Island Attorney Kevin Lyon, Deputy Prosecuting Attorney Robert Whitney, Mason County Sheriff Steve Wybark, Squaxin Island Chief of Police Russel Cooper, Tribal Chairman David Lopeman, County Commissioner Wes Johnson, County Commissioner Jayni Kamin, County Commissioner Herb Blaze and Squaxin Island Lt. Mike Evans*



**A Salute To Our  
Dear Tribal Soldiers**  
We, your family at the  
Squaxin Island Tribe,  
love you  
and are proud of you!  
Our thoughts and prayers  
are with you.  
Thank you  
from the bottom of our hearts!

## Annual General Body Meeting

SATURDAY, MAY 3RD

*Tribal Center Gymnasium*

Sign-in begins at 8:30 a.m.  
First Roll Call at 9:00 a.m.

Elections will take place for two Council positions:

SECRETARY (currently held by Pete Kruger, Sr.)  
TREASURER (currently held by Steve Sigo)

## Annual Art Auction to Benefit the MLRC

SATURDAY, MAY 17TH

*On Site This Year!!!*

Salish Design Workshop	1:00 - 4:00 p.m.
Salish Design Presentation	4:00 - 5:30
Cultural Performance	5:30 - 6:00
Reception/Preview	6:00 - 7:00
Auction (Both Live & Silent)	7:00

For more information, or to donate artwork,  
contact Dale Clark @ 432-3853



# COMMUNITY



## KLAH-CHE-MIN SQUAXIN ISLAND TRIBAL NEWS

70 S.E. Squaxin Lane  
Shelton, WA 98584

PHONE: (360) 426-9781  
FAX: (360) 432-0858

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

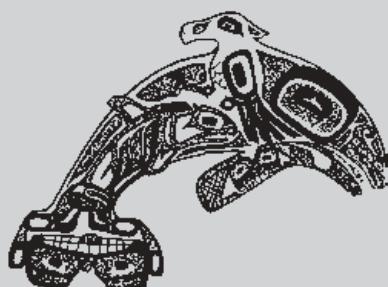
The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

*Contributing writers and artists include Squaxin Island community members & staff.*

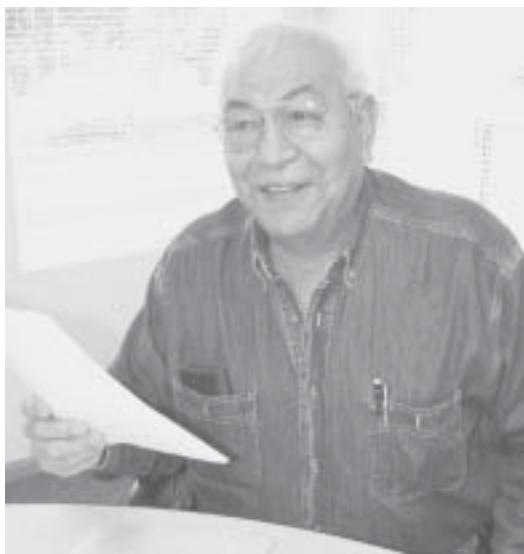
**Submissions Deadline:**  
15th of each month

**SQUAXIN ISLAND TRIBAL COUNCIL:**  
DAVID LOPEMAN: *Chairman*  
ANDY WHITENER: *Vice Chairman*  
PETE KRUGER, SR.: *Secretary*  
STEVE SIGO: *Treasurer*  
PAULA HENRY: *First Council Member*  
ROY PEREZ: *Second Council Member*  
CHARLENE KRISE: *Third Council Member*

**Klah-Che-Min Staff:**  
THERESA M. HENDERSON: EXT. #3945  
*thenderson@squaxin.nsn.us*



## Running For Reelection



**PETE KRUGER**  
***Tribal Council Secretary***

Since the annual General Body meeting is approaching quickly (May 3rd), I want to announce my intention to run for reelection.

Most importantly, I want each individual member of the Tribe to know I consider it a great honor to serve you. You are the ones who ultimately make the decisions, and as your elected official, I stand for you.

As we sit down together at Council to discuss serious questions and important issues, I try to keep in mind our mission statement that says, "Our greatest natural resource is our elders. They are our history. Another valued resource is the children. They are our future. It is the privilege and the responsibility of the adults to see to it that the elders and the children are honored and nurtured." As I consider how to vote, or what direction to give, I think first, "What would our elders want? How will this effect our youth?" Sometimes the answers aren't always clear, and sometimes we just have to do our best.

The past few years have been an amazing learning experience, because there are so many important issues and projects the Tribe is involved with. We have brilliant people (you, the members of our tribe) leading intelligent and hard-working employees who put your plans and goals into action.

I have learned a lot being on Tribal Council, and I think I'm becoming pretty well acquainted with the issues and the history behind them. I will continue to serve you to the best of my ability, keeping care of the elders and youth (especially their quality education) as my top priority.

Thank you very, very much!!!  
Hoyt!

## Annual Potlatch/Naming Ceremony Is Coming Up

On Friday, April 11th at 5:00 several elders and tribal members will be receiving names. The community is invited to join us for dinner and the naming ceremony.

Saturday, April 12th, starting at 12:00, is the fourth annual potlatch. Everyone is invited to join us, Nisqually and several other tribes for singing and dancing. The first dinner is at 12:00 and the second dinner is at 5:00. Potlatches are not restricted as far as attendance. This is a drug and alcohol free event. Since this is a cultural event, this rule is strictly enforced. Please come, and most important, bring your children.



## Please Help

Several church songs that were created on large poster paper were taken from the Mary Johns Room. It takes a great deal of time to make these posters and they are used for church services for the youth and others. It would be greatly appreciated if these items were returned. Please call Lucy James at 877-5871 or drop them off at the Tribal Center or the Mary Johns Room. No questions asked!



# LITTLE CREEK CASINO



## Introducing



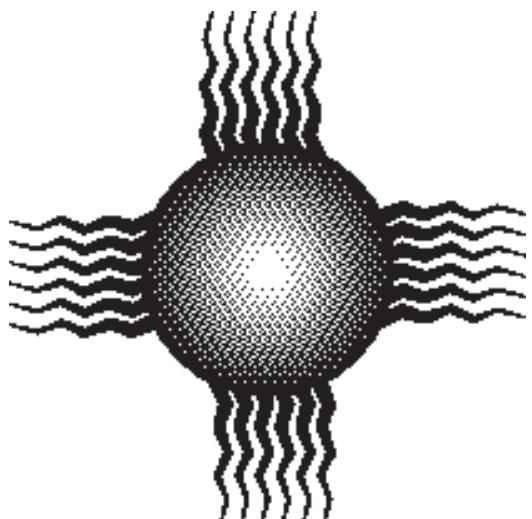
**Doug Boon**  
*General Manager*

Hi, my name is Doug Boon. I joined Little Creek Casino February 24th, 2003 as the new General Manager. As General Manager, I will oversee the operations and future expansion at Little Creek Casino.

I am a member of the Tulalip Tribes, and prior to joining your team, I served as the General Manager for Red Wind Casino in Olympia for three years and previous to that at Jimmy G's Casino in Lakewood, also in the capacity of General Manager.

I have a number of years experience in the gaming industry and have an excellent track record for working with and facilitating the growth of successful casinos.

I'm excited about our future growth as well as working with all of you at Little Creek.



Wow! The newly remodeled Bingo/Showroom is complete and the new General Manager, Doug Boon, would like tribal members to be some of the first to see it.

- Closed to the public
- FREE
- Nearly \$3,000 in cash and prizes, including Pendleton blankets, TVs, DVD players, dinner for two in Legends and much more!

The showroom will be opened only to Squaxin Island tribal members and their spouses.

**(Must be at least 18 years old)**

## BINGO NIGHT

*For*

**Tribal Members Only**



CASH DRAWINGS

CASH DRAWINGS

**Date: Friday, 4/4/03**

**Time: Games start at 7:00**

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# BUSINESS ENTERPRISES



Robert Whitener, Jr. - Late into the night on Sunday, March 16th, the Tribal Council debated the future of Island Enterprises. I got to witness this event because Ray Peters had asked me to help Island Enterprise define its future. He asked because Island Enterprise has had some difficult times and generally its history has been one of instability and controversy. Ray and I both believed that many of these problems could be attributed to the structure of Island Enterprise.

The process began with looking at various models used by tribes around the country and adapting the best for our use. I began with a study that was completed by two Harvard professors, Joseph Kalt and Stephen Cornell. The study was published in a book titled *"What Tribes Can Do."* The study looked at why some tribes had enterprises that succeeded and why some failed. The authors, at first, thought that the study might show that larger tribes with more resources, land or wealth, would be the most successful. What they discovered was that this was not the case. They realized that there must be another reason why some tribes did better than others. The answer, it turns out, was that the tribes that ran their enterprises with the least interference from politics did the best.

Although this may seem obvious to many, most tribes do not protect their businesses from political interference. It is also true that this has caused many problems with ours as well. So why is this important? The answer lies in the "bottom line" or the profit margin. Every business has a limited profit margin, let's say for example 10%. If you mess around with things like personnel (requiring the enterprise to hire too many people or not expecting them to work) you can severely cut into your profits. And with businesses that have small profit margins you do not have to interfere very much to make them fail.

One approach to try and avoid this is to make a separation from the immediate control of politics. The Tribal Council, after considerable debate and review, adopted an approach that has become known in Indian country as the Ho-Chunk Inc. (HCI) model. HCI is owned by the Winnebago Tribe in Nebraska. HCI was established to run the enterprises of their tribe. They did not run the tribal gaming facility, but were

directed to create and run businesses that could help reduce the tribe's dependence on gaming revenues. This turned out to be very important since, only two years after the tribe opened its gaming facility, the State of Nebraska allowed riverboat gaming to begin. The tribe's gaming revenues dropped by 90% in one year. HCI began to expand its businesses on and off reservation and today is one of the most successful tribal enterprise operations in the country. Their web page is [www.hochunkinc.com](http://www.hochunkinc.com).

So what is this model? The idea is to create a tribally owned and chartered corporation that is dedicated to tribal enterprises. In our case this is now called Island Enterprises Inc. (IEI) IEI will have a board comprised of two tribal council members, one tribal member who is not a tribal council member, and two others with business experience who may or may not be tribal members. This board will be empowered to develop, buy, sell, and operate tribal enterprises. The Tribal Council has initially appointed only three of the members. They are Andy Whitener as one of the Tribal Council Members, Jay Johnson from Bank of America as one of the business members and me as the second person with business experience. I will also serve as the President and part-time CEO until a full time CEO is needed. This leaves two vacancies left to fill, the second Tribal Council position which will likely be filled after the General Body Meeting, and the tribal member representative. There will be a notice out soon asking for volunteers for this position. So if you are interested in where IEI is going, sign up.

One of the first steps that is planned for Island Enterprises Inc. (IEI) is to complete a survey of what you, Squaxin Island Tribal members, want and expect from IEI. Esther will be coordinating this survey and the results should be ready for presentation at the General Body Meeting. Look for the possibility of prizes just for answering some questions regarding enterprise plans.

There have also been a lot of questions regarding the cigarette factory. There is work underway to try and make a decision whether or not it is feasible to start up the plant. You might have seen or met Ansley Griffin. Ansley is an Omaha tribal member that worked for Ho Chunk Inc. as their cigarette distribution manager. Ansley

is assisting us in creating ways to market any cigarettes that we may produce in the factory. It is important to note that the original partner decided not to continue, so now this venture belongs solely to us. This provides us with huge savings in start up costs due to not having the expense of a two million dollar facility! Ansley and I are in the process of developing a business plan. This plan will help us make a decision whether or not to proceed with the operation.

Other work that must be done is getting all of the financial and personnel policies and procedures in place for IEI. This work will start soon and the board will begin to plan for the future.

So what is the Future for IEI? I hope the future holds promise in maintaining and increasing our sale of cigarettes in the Kamilche Trading Post under the state compact which is proving to be very successful for the tribe. I hope that we are able to develop a fuel blending facility that will result in lower fuel prices and higher profits. We want to continue to improve and expand our seafood production and distribution. IEI may want to develop tourism based businesses in and around the Little Creek Casino. IEI could have our own construction company to construct our own facilities and for others. Along with these ideas, I hope IEI can actively pursue opportunities for tribal members to run their own businesses and perhaps partner with IEI to help get started.

These are but a few of the ideas and dreams that IEI could achieve. If you have ideas about how we can improve our economic future please do not hesitate to call me, my number is 360.280.7868.



Skookum Creek Tobacco Company



# AQUATICS OPPORTUNITY



## State of Washington Geoduck Job Opportunity



Job Class: 17010 & 17020  
Open to the Public

**LAND TECHNICIAN 1 - SCUBA DIVER GEODUCK PROGRAM**  
\$2053-2586 per \*month (range 33)

**LAND TECHNICIAN 2 - SCUBA DIVER GEODUCK PROGRAM**  
\$2354-2984 per \*month (range 39)

\* Plus \$7.50 per diving hour in addition to monthly salary

Opens: May 2, 2001  
Closes: Further Notice

### LOCATION

These registers will be used to fill permanent, seasonal and temporary openings as they occur with the Department of Natural Resources, Aquatic Resources Division, Geoduck Program. These positions are based out of Olympia and require extensive travel (70%).

### HOW TO APPLY

Initial screening will be based solely on the information contained in your application form. Send a completed Washington State job application and exam responses to:

Department of Personnel  
Applications Unit  
600 S. Franklin St.  
PO Box 47561  
Olympia, WA 98504-7561

Application is available at:  
<http://hr.dop.wa.gov/forms/dopforms.htm>

NOTE: Employees are required to pass an annual dive physical and meet standards set forth in the Department's Dive Manual.

### LAND TECHNICIAN 1

#### DUTIES:

Administers the geoduck clam and subtidal hardshell clam sales contracts and maintains the active tracts. Performs all aspects of commercial diving. Serves as a crew member of a two person compliance team. Visits geoduck sales areas on a daily basis to ensure that harvesters are complying with contract provisions. Conducts inspections and/or assists with investigation dives in sale areas. Operates underwater photography equipment. Writes routine patrol and investigative reports. Serves as a diver for the Shellfish program.

#### SPECIAL REQUIREMENTS:

Eligible applicants must have completed an accredited (ADC) commercial dive school or equivalent military dive training and actively worked as a commercial diver within the last five years and completed a minimum of 10 logged dives within the last year.

OR

Active involvement as a member of a public service dive team for a minimum of one year (e.g., fire department, law enforcement, university or governmental agency) within the last three years and completed a minimum of 10 logged dives within the last year.

AND

Basic open water scuba certification,  
A valid driver's license.

NOTE: Due to the sensitive and confidential nature of these positions, background investigations will be conducted prior to hire.

### LAND TECHNICIAN 2

#### DUTIES:

Prepares geoduck sales including cooperative use of experts to determine plan, inventory and survey/set up of site boundaries, prescribing conditions and provisions

of contracts and conducting sales. Administers geoduck sale contracts including inspections to determine and obtain compliance with contract provisions, monitoring progress, and ensuring correct billings and payments. Performs all aspects of commercial diving. Serves as crew leader of a two person compliance team.

#### SPECIAL REQUIREMENTS:

Eligible applicants must have completed an accredited (ADC) commercial dive school or equivalent military dive training and actively worked as a commercial diver within the last five years and completed a minimum of 10 logged dives within the last year.

OR

Active involvement as a lead member of a public service dive team for a minimum of one year (e.g., fire department, law enforcement, university or governmental agency) within the last three years and completed a minimum of 10 logged dives within the last year.

AND

Supervised dive operations in the role of lead diver, dive supervisor or master diver for a minimum of three months. Duties should include dive team assignments, planning and operations, personnel training, and equipment acquisition and repair.

Advanced open water scuba certification or equivalent,

A valid drivers license.

#### EXAM PROCEDURE

The exam is an evaluation of your experience and training. We will mail your score to you, but we cannot tell you your ranking on the list of job applicants.

Keep a copy of your application and exam responses. You may be asked to provide them if contacted for an interview.

This announcement is published by the Washington State Department of Personnel.

For questions about this recruitment, call (360) 664-6260.

## Champions for Kids

Our very own Mark Snyder, Youth Coordinator, was recently honored at the "Champions for Kids" celebration on February 24, 2003. The celebration, presented by TOGETHER Youth Violence, Alcohol, Tobacco, Drug Prevention, was held at Saint Martin's Pavilion for community advocates that go above and beyond for the youth of their community. Other citizens honored included 28 volunteers and employees of local school districts, hospitals, church youth groups, YMCA and organizations such as Girl Scouts of America and Community Youth Services. Event sponsors included Providence St. Peter Hospital, Fred Meyer, Capital Medical Center, Friends of Yelm, Puget Sound Energy, Olympia Federal Savings, Heritage Bank and many other local businesses and organizations.

"Mark's dedication, commitment and strong participation in the Squaxin Island Youth Program have had a huge impact on building future leaders of the community," the event program read.

Way to go Mark, Congratulations!!



## Peak Fitness Walk/Run

The rain stopped briefly at 4:15 pm on Friday, March 14, 2003, as a total of 31 staff and community members participated in a brief walk/run. Starting and ending at the Health Clinic, the group chose either the half-mile loop down Klah-Che-Min and round the baseball field and tribal center or 1.2 mile loop down Klah-Che-Min and around T-Peeksin. Community elementary and middle school students joined in as they departed from their buses.

Participants received a bottle of water and a lanyard to carry their keys around their neck.

Due to popular demand, more walks will be scheduled in late afternoon. Call Patty Suskin, Diabetes Coordinator, for more information.

In the meantime, see more on Page 11 about Peak Fitness and the Walking Club.



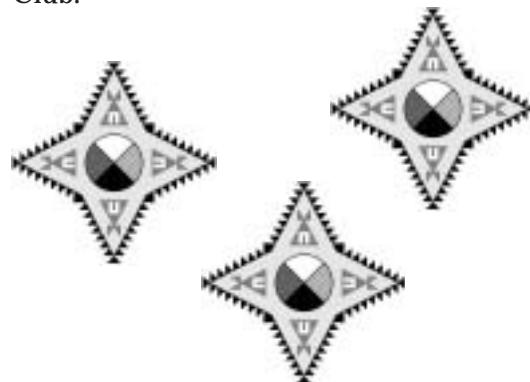
## Congratulations Chas



Chas Parish graduated from the Journey to Success Program at Five Tribes Career Center on Friday, March 21st.

By completing the course, Chas received 18 college credits, and she plans to attend South Puget Sound Community College this fall.

Way to go Chas!!!





# LEARNING CENTER



## Scholarship Corner

There are currently several pre-college workshop opportunities available, but time is running out. Please come to the Tu Ha' Buts Learning Center for more information and program descriptions, or call Lisa at 432-3882. These are the programs open at this time:

### *Washington Internships for Native Students (WINS)*

The (WINS) program offers American Indian students the opportunity to gain impressive work experience, learn firsthand the inner workings of a government agency and meet other American Indian students from across the country.

(WINS) is a visionary effort founded on the idea that young people of the sovereign Native American nations can build leadership skills while living, studying, and interning in Washington, D.C., and bring those skills back to their communities. Participants attend, at no expense, an intense academic program for 10 weeks in the summer or 15 weeks in the fall or spring. They gain skills, knowledge, academic credit, and practical experience. Eligibility requirements:

- Current enrollment in a college degree program
- Completion of the sophomore year of college before the internship begins
- Minimum 2.5 GPA
- Membership in a recognized tribe

### *Vision Summer 2003 Program at Clarkson University*

What's your vision of the future? Do you like to travel? Like to explore new ideas? Like to meet new people? Want to prepare for graduation and beyond?

- Native American junior or senior in high school
- 2002 high school graduate
- Carrying (or carried) average grades (80) or higher
- Have an interest in new educational and employment tools
- Willing to reach out and grab this opportunity
- Spend July 5-26, 2003 at Clarkson University

## *American Indian Achievement*

### *Regional Scholarship*

- Be a full-time student (at Eastern Washington University during the 2003-2004 academic year
- Be a documented member of a federally recognized tribe
- Must demonstrate financial need

### *Association of American Indian Physicians National Native*

### *American Youth Initiative*

During this week long program, AAIP will provide the following NNAYI scholars:

- A broad perspective of the health sciences and biomedical research
- An introduction to national health and scientific institutions
- A national network of Native American health professionals, scientist, role models, and mentors
- Counseling on academic strengths and weaknesses
- Information on the demography of Native American populations and diseases affecting Native American communities
- Information on current health legislation/policy and educational issues affecting the academic and professional progress of Native Americans.
- Workshops on:
  - academic and coursework requirements
  - standardized examinations
  - application process/financial aid
  - leadership/communication skills
  - assertiveness, networking, and professional behavior
  - study and test taking skills
  - interactive learning and time management



## **Shelton School District Board membership Needs**

The Shelton School District is made up of five director districts. Director Five will be in need of a director for the next term beginning in November.

The time for declaring one-self a candidate for the position is July 28 through August 1, 2003.

Interested candidates should contact the Superintendent of Shelton Schools Joan Zook.

## **Tu Ha' Buts Learning Center Staff Hours**

The Tu Ha' Buts Learning Center staff is available during the following hours:

Kim Cooper  
Director  
8:30 – 5:00 432-3904

Mark Snyder  
Youth Coordinator  
9:30 – 6:00 432-3872

Walt Archer  
Education Liaison  
7:30 – 4:00 432-3826

Lisa Evans  
Administrative Assistant  
8:30 – 5:00 432-3882

Sally Scout-Moore  
Cultural Activities Assistance  
12:00 – 8:00 432-3882 (Wed.-Sat.)

## **Mark your Calendars**

### *Dream Keepers miniseries on ABC*

Produced by Hallmark Entertainment  
Sunday, May 11, 2003, 8-10pm ET/PT  
Monday, May 12, 2003, 9-11pm ET/PT

*The World of American Indian Dance* on NBC  
Saturday, April 19 at noon PT  
One Hour Documentary produced by Four Directions Entertainment, an enterprise of Oneida Indian Nation

## A Message From Tribal Chairman David Lopeman

March 19, 2003

### Dear Tribal Members and Tribal Employees,

I am pleased to let you know that the Tribal Council moved this week to ensure a drug free workplace. The Council adopted a random drug test program for itself, general government and all its enterprises. The program is to be in place within 60 days.

The Council considered a random drug test program during last year's retreat, then again in July 2002. During this week's retreat the Council revisited the July 2002 proposal and adopted it.

The program calls for random tests each quarter. The Tribe will use an independent service to select the individuals to be tested and the day and time of testing. Two groups will be formed for testing. The first will be the Tribal Council members, directors, enterprise managers, enforcement personnel, those who regularly operate tribal vehicles, and those who work with children on a regular basis. The second will be all other regular and part time employees. The chance that any one of the people in the first group will be tested will be twice that of the second group.

The testing will work like this: if there are 40 people in the first group, 10 people will be selected from the list of 40 for testing in the first quarter, then 10 people will be selected from the list of 40 for testing in the second quarter, and similarly 10 in the third and 10 in the fourth quarter. For the first group, the total number of tests during the year will equal the total number of people in the group. The testing rate is called 100% testing. Because the selection is random, any one person could be selected four times during the year or not at all during the year.

For the second group, the testing rate will be 50%. Assuming 120 people in the second group, the total number of tests will be 60 during the year, 15 tests each quarter. The 15 will be selected from the list of 120 each quarter.

If a test is returned as positive or inconclusive, the procedures and penalties

set out in the Tribe's existing drug testing policies apply.

Staff has been asked by Council to amend the existing employee handbooks and employee policies to incorporate these changes and to implement the program within 60 days.

The Tribal Council has long expressed its commitment to a drug free community.

I am pleased that the Council is leading the way, testing itself, as we move to protect our community, our workplace, and our children. Please join me in supporting a true drug free workplace.

- David Lopeman  
Tribal Chairman

## Viewpoint

### Just One Man's Opinion...

Recently, I was part of a small group discussing ways to improve community participation in public meetings. A community member expressed the thought that the best way to get public involvement is to create a controversy.

One way to create constructive controversy is by "Letters to the Editor." The Klah-Che-Min is a wonderful newsletter and the staff does a great job, but generally its content is noncontroversial and the few "real" news stories only reflect the views of the tribal government.

I don't imagine there will be an independent newspaper covering hard news and events in the Squaxin Island community any time soon and you cannot just publish every letter for a variety of legal and ethical reasons. However, if the review of Letters to the Editor was placed in the hands of an independent board of community volunteers instead of the tribal government, maybe it would encourage individuals to express their views and opinions and, just maybe, create some constructive controversies. Many newspapers have similar boards that could be used as models.

This is just my opinion - what's yours?  
Brian L. Thompson

## New Employee



**Sandy Rossire**  
**Paralegal/Legal Assistant**

Kwi dache. My name is Sandy Rossire (pronounced "row sear") and I am so lucky to be here!

I am the new paralegal/legal assistant working with Kevin Lyon and Kelly Croman in the Squaxin Island Legal Department. I am delighted – and honored – to be a part of this team. I've been in the legal field for many years, on both the east and west coasts, and I come to the Squaxin Island Legal Department from ten years at a well-known law firm in Olympia.

I'm an avid gardener and look forward to the awakening garden around the Legal Department building – no doubt you will see me out there on my lunch hours, trimming and weeding! I also like to read, knit, sew, listen to music and watch old movies.

And my thanks to all I've met here who have made me feel so welcome and at home.

Hoyt.





# NATURAL RESOURCES



## Skookum Creek Restoration Project

John Konovsky and Tracy Farrell - Two thousand conifers were planted within 13 acres of stream buffer this March along Skookum Creek behind the Little Creek Casino. The Squaxin Island Tribe initiated the restoration of 150-foot buffer zones on both sides of the stream.

The restoration of the buffer zone along Skookum Creek will provide up to 90% of the ecological functions once the vegetation has matured. This is a continuing project that underscores the Tribes commitment to a long-term perspective of habitat and the natural surroundings. Before tribal acquisition, this land was used as hay and pastureland by Wayne Clary.

The conifers were planted in the riparian zone to promote shade and channel structure which happens after the trees mature and fall into the stream as a result of death and decay over several decades. These processes are important for the enhancement and perpetuation of this stream for its use by salmon. Shade will provide cooler water temperatures and predator avoidance by giving juvenile salmon cover from overhead. Large wood in the channel will create pools that also cool the water and stabilize and maintain lower temperatures. Pools also provide resting points, food resources and additional protection from natural predators.

It will take nearly 100 years for the trees planted this month to fully establish the ecological functions of shade and channel structure. In the interim, the trees will stabilize banks and improve water quality. Understory plants will be added to this revegetation project to create varied structure and bolster the natural functions of the young trees as they mature. Native shrubs will also be planted under the BPA power lines within the riparian buffer zone to provide some habitat where conifers cannot be used because of height restrictions.

This project work is being done by a Washington Conservation Corps crew contracted through the Thurston Conservation District. Larry Ross from the Squaxin Island Cultural Resources Department added an educational component by speaking to the crew about the cultural impor-

tance of natural resources and the significance of salmon and native plants in the area they were working on.

Additional work done by the Squaxin Island Natural Resources Department on Skookum Creek includes stream temperature monitoring, channel surveys, soil analysis and evaluations of the riparian buffer. One study is evaluating short term options for improving channel structure and shade requirements by constructing log jams along parts of Skookum Creek using mature trees harvested elsewhere.

**NOTE:** - Josh Henderson marked the buffer zone and took soil samples while employed last summer.



*Sean Arquinego of Conservation Corps*

## Natural Resources Announcements

### Subsistence Permits

This is a reminder that subsistence permits are required when digging clams on the island. The Natural Resources Code was just reviewed, and it came to our attention that a lot of people were unaware of this requirement. So, if you are going to dig clams on the island, please come in to the Natural Resources Department to get a subsistence permit.

### Hunting Tags

Because hunting season is over, we would appreciate the prompt return of all hunting tags, so we can compile the data. If all of your tags are returned by April 15th, your name will go into a prize drawing.



*John Konovsky on site with Roy Warnick and Susanne Feucht of Conservation Corps*



## What is the CPT Anyway?

Cathy Humphreys - In 1987 a child in Snohomish County named Eli Creekmore was returned home to his father by a state caseworker. Eli was killed by his father the next day. When all the service providers sat down at the table to sort out what had happened, they learned that had they been able to sit down together and staff this case, the child's death could have been prevented. It was then that Governor Booth Gardner and other state officials developed the CPT which stands for Child Protection Team.

The original purpose of this team was to staff the return home of any child in the state system, with all the service providers to ensure that the return home is safe. At the same time, the state determined that service providers who work with children are mandated reporters and are required by law to report suspected child abuse and neglect to law enforcement or Child Protective Services (CPS). The service providers are also allowed to participate in team staffings about cases to ensure the safety and well being of their clients. Most CPT teams are comprised of community service providers such as counselors, pediatricians, psychologists, chemical dependency counselors, school district representatives and a community member. Occasionally a prosecutor and/or someone from law enforcement will be appointed to sit on the team for a while.

I have been a part of the Shelton Division of Children and Family Services (CFS) original CPT since 1988. They staff monthly in Shelton all returns of children to their parents and case closures. They also staff cases at caseworker's request when they are seeking ideas for case plans or when there is conflict on a case.

The Squaxin Island Tribe is ahead of other tribes in that they have a functional CPT. Rather than monthly meetings, our team meets weekly and provides input to case plans as well as staffing returns and placements. Our goal is to protect children from abuse and neglect.

Occasionally family members will complain about the CPT. Because we maintain confidentiality, it isn't possible to let the community know what the issues are on cases. I hope that this information will help you understand the intent and purpose

of the team. The children of the Squaxin Island Tribe have the best possible system watching over them in the Child Protection Team. I want to thank the team members for their many hours of contribution to this community.

## April is Child Abuse Prevention Month

Cathy Humphreys, ICW - I was deeply moved by the writings of Gary Brown and Lori Hoskins in last month's newsletter. Their stories remind me of the importance of recovery and what it takes to keep it.



Gary Brown

Addiction can turn loving people into destructive, desperate criminals. The heart and soul of these people cannot be reached when they are at the mercy of their addiction.

Loving detachment is what it takes for family members to survive their loved one's abuse, or THEY WILL BECOME SICK TOO.

Loving detachment means understanding and acknowledging when loved ones are under the influence and having healthy boundaries so they don't take advantage of us. It also means allowing them to be responsible for their behavior.

While this sounds cruel, what they are doing to their body and soul is crueler and something they may never recover from.

If we want to be effective in having a healthy community for our kids, we need to learn about recovery and model healthy boundaries and activities. You may notice that people who are busy contributing to their community and donating time to worthwhile events are not desperate addicts.

My dad always said, "You get what you give in life." Teaching ourselves and our children to give could have long lasting results. The best way to prevent abuse is not to allow it to happen. Let's trade our bad habits for healthy ones and make a difference in a child's life. To you families who already are doing this and have inspired me to write this, thank you. Thanks to Gary and Lori for giving their stories. They may make a difference in a child's life.

**The Indian Child Welfare Caseworkers want to thank Misti Saenz-Garcia for her dedication and service as a foster parent supporting the families and community of the Squaxin Island Tribe.**

## Low Cost Sexual Health Care In Mason County

Today, free birth control is available to more people in Mason County than ever before. There is a new program called "Take Charge" which provides free services to many women and men in our area. To get these services, women and men must simply be able to have children (Men and women who have been sterilized, or women who have gone through menopause are not eligible). Families and individuals must have an income that is 200% of poverty level or less. By calling the Planned Parenthood Clinic, the staff can help you find out if you or a family member might be eligible. Many working families are still eligible for these free services.

If you are a young person from age 13-19 or you have a family member in this age group who might need sexual health care we have a special Teen Clinic. For more than a year the Teen Clinic has served sexually active teens with free birth control, pregnancy tests and testing for sexually transmitted diseases. All services at the Teen Clinic are free and confidential. The Teen Clinic is open every Wednesday from 2-6 p.m. and is located in Shelton next to the Collier building at 310 W. Birch Street. In the state of Washington teens from the age of 14 can get Sexually Transmitted Infection checks on their own without anyone's permission. From puberty on they can request birth control at a clinic or purchase these items at a store. These services are confidential to teens at the Squaxin Health Clinic as well as Planned Parenthood in Shelton and Olympia. If you or a family member have questions about these services, please call one of the following numbers:

### Squaxin Health Clinic

427-9006 open Mon. - Fri.

### Shelton Planned Parenthood

426-2933 Mon. - Wed and Fri.

### Olympia Planned Parenthood

754-5522 Mon. - Fri.

## A Peek at the Peaks as You “Climb”

Mount Washington is the highest peak east of the Mississippi and north of the Carolinas. It stands at 6,228 feet above sea level and is in the White Mountains of the Presidential Range, which also includes Mount Adams, Mount Jefferson, Mount Madison, and Mount Monroe. 1642 marked the first recorded climb to this summit, and it was named after George Washington. Geologically, Mount Washington is formed mostly of granite, offering little vegetation at the top, though its slopes maintain forests of coniferous trees. Today this mountain is a popular tourist attraction and vacation area.

Mount Mitchell is the highest peak east of the Mississippi at an altitude of 6,684 feet. It's part of the Black Mountains, a northern section of the Blue Ridge Range. This peak is named after professor Elisha Mitchell, who measured the altitude in 1835 and discovered it was higher than Mount Washington. Upper elevations have evergreens, and the slopes are covered with hardwoods and pine—home to a variety of plant and animal life. Mount Mitchell State Park is at the summit, covering over 1,200 acres of reforestation and recreational land.

As your Peak Fitness challenge progresses, you'll move out west to Texas and Guadalupe Peak, at 8,749 feet, in the Guadalupe Mountain Range. Over 200 million years ago this range was below sea level and was a reef in an inland sea that covered 10,000 square miles of what is now Texas and New Mexico. Today the desert and mountains meet, creating a rare mixture of desert vegetation at the base and forests in the high country. Many animals inhabit this range including elk, mule deer, wild turkey, raccoon, porcupine, kit and grey fox, coyote, and occasionally black bear and cougar.

Mount Hood has 9 routes to the summit. These range from a relatively easy south side to the dangerous routes up the sheer north face. Mount Hood stands at 11,239 feet and rises out of the Cascade Range, east of nearby Portland, Oregon. Once an active volcano, eruptions were sighted as late as 1865. Now only steam and fumes escape from vents on the upper slopes.

Currently, there are 80 staff and community members participating in the Peak Fitness Events.

Enjoy the climb, and watch for more information in May about our next mountains in Peak Fitness!



### Checklist

- Mark your calendar. Write in the time, place and activity you'll perform each day for the week. Honor the appointment just as you would any other important event on your calendar.
- Enlist support. Identify friends and family members who will encourage you and help keep you accountable.
- Track your activity. Use the Peak Fitness log form for a visual reminder of progress.
- Anticipate obstacles. Make a list of possible barriers to success and brainstorm ways to get around them.
- Reward yourself. Good health is its own reward, but it's a lot more motivating along the way to relish your accomplishments. Identify milestones and meaningful rewards for your climb to peak fitness.

### Time to Get Moving, Be Active!

By now, I hope you are on your way to enjoying the benefits of Peak Fitness. Even if you are not participating in the Peak Fitness program, any activity is better than none!

### A few of the benefits of being active include:

- Become stronger & healthier
- Have more energy
- Improve your mental strength and endurance
- Protect yourself from the pain of heart disease, cancer & osteoporosis
- If you have diabetes, activity will help to lower your blood sugar level.

If you are struggling with becoming more active, here are some thoughts:

- Shoot for 30 minutes of activity each day—at least 10 minutes at a time. Start slowly with 5 minutes at a time & build gradually.
- Make time to visit with a friend or a family member by taking a walk with them. It is a great way to combine fitness with friendship.
- Choose activities you enjoy
- Play more: feel like a kid again by playing ball, flying a kite, or swinging.

### Other ways to become more active:

- Hide the remote: change the channels the old fashioned way—by getting up. Use commercials to brush your teeth, put away some dishes, sort clothes, or do a little cleaning.
- Practice inefficiency: make lots of trips to the car for groceries, park at the end of the parking lot & walk to the building, walk instead of driving to the tribal center, or senior lunch.
- Use leg power: walk the dog, walk the reservation, just walk when you can!
- Start a garden & work it for the benefits! Call Paula Henry at 432-3934 if you are interested in starting a community garden.

Do you want to start walking, but are having trouble getting started? The Squaxin Island Tribe Walking Club is starting! Beginning in April, meet on Thursdays at the Senior Center at 12:40 p.m. for a short walk after lunch. Depending on interest, we may add days or change to a different day and time after April. Call Patty Suskin at 432-3929 for more information.

### Prescription Pickup

Prescriptions can no longer be delivered to your home; they must be picked up at the clinic. If you need Marcella Castro, CHR, to pick up a prescription for you, please call by 3:00 p.m. They will then be available for pickup before 5:00 p.m. Home deliveries will be made for elders and people with disabilities. Special arrangements may be made in some circumstances. For more information, or to request a prescription pickup, call Marcella at 432-3931.



# HEALTH & HUMAN SERVICES



## New Employee



### **Casey Kilduff HIV/AIDS Testing, Counseling and Prevention Advocate**

For those of you who have not yet heard, the Sally Selvige Health Center and the people at SPIPA have brought a new face to the area. My name is Casey Kilduff and I am the new HIV/AIDS TCP (Testing, Counseling and Prevention) Advocate for Squaxin Island. Most of the work I will be doing will be out of the health clinic and in the form of outreach around the community.

I have lived in the Puget Sound area for the past six years. Before that, I was in a small town in the foothills of the Sierra Nevada Mountain Range. Currently, I share a home in Olympia with my two cats, Jack and Charlie. They keep me on my toes. I came to this area to attend college. I spent a few years at Evergreen and have since graduated. Something that keeps me grounded is working in my garden. I can grow beautiful vegetables, but I am not too great at keeping flowers alive.

The work that I have been involved with in the Thurston County area has been focused on violence prevention and community development. I am an advocate working with survivors of domestic violence and sexual assault, I teach self-defense classes with a collection of women who have been teaching locally for around 20 years, and I am on the board of directors for the Olympia chapter of PFLAG. In the past, I have volunteered in homeless outreach, juvenile justice, and anti-oppression based projects. My real passion has been developing net-

works between community resources and community members in order to create beneficial relationships for both sides. I enjoy being a liaison and a contact person who can make connections for people.

The reason that I have been brought into the Squaxin Island community is to start a conversation about HIV and AIDS as it relates to this community. Once the project gets up and running, we will be hosting some fun community events and providing educational programs within a variety of settings. I am interested in exploring what you feel is needed in your own community, as far as programs, access to services, general information, treatment referrals and education, etc. You will probably see me with surveys soon. I'll be offering gift certificates to local businesses as incentives to compensate you if you choose to fill out a survey.

My desk is on the bottom floor of the health clinic, right next to the food bank. Please come by and say hello. I look forward to finding my place within this community.

## **National Indian Council on Aging**

Submitted by Lea Cruz - This Message to America is the result of the National Indian Council on Aging's Year 2000 Conference in Duluth, Minnesota. More than 1,200 elders from 105 tribes across America attended and contributed to the words in this message. As you read this, think about our elders. They came together in a true spirit of cooperation, setting aside tribal and political differences so that we and our children might have words of wisdom to help throughout our lives. Please forward and pass this message to as many people as you can, both Native and non-Native. These are the words of Native American elders, but the values expressed in this message can be appreciated by all of humanity.

## **SPIRITUAL MESSAGE FROM OUR ELDERS**

As we stand before the dawn of a new millennium, we pray for America's survival, our survival. We pray that we will be given strength by the Creator to follow the foot-

steps of our forefathers to share our love, respect and compassion for one another. There is good in everyone because our Creator has put a little of Himself in all of us.

We pray for forgiveness for the pain and suffering we have caused one another.

We pray that our children will not repeat our mistakes.

We pray that we can respect the diversity of America; all life is sacred. Every child born is a precious gift of our Creator. It is our sacred trust to embrace children from all walks of life because we are part of the same family.

We pray that children will honor and respect their elders—that is where the wisdom comes from. This respect will not allow forgotten elders. We are all equal, with each having our own special gift to contribute. These values allow our youth to become leaders and workers in our society. Children, you are our future and our hope for the people. Stand and be courageous.

We pray to learn and use the wisdom of all that has come before us, to achieve personal successes and to contribute to those of others. Only when our young ones learn respect for everything can they evolve.

## **EARTH**

We pray for respect and love of Mother Earth because she is the foundation of human survival and we must keep her pollution-free for those who will travel after us. Protect her water, air, soil, trees, forests, plants and animals.

Do not just take and waste resources. Make it a priority to conserve. The land is given to us by the Creator to care for, not to own. If we take care of the land, the land will take care of us.

## **UNITY**

We should have respect for each other. We pray for commitment and responsible behavior in order to help those in need and to give them support and friendship. Be an example in life that others may follow; serve people, community and country.

We should all strive to be leaders and contributors. Do not sit back and let others plan and do all the thinking. Let us unite together so that we may have the strength to protect our future. Strength



# HEALTH & HUMAN SERVICES



comes from working through trials and tribulations.

## HEALTH

Spiritual health is the key to holistic health. We pray to have the discipline to set healthy examples for our children to follow. Respecting everyone and everything in the universe starts with self-respect. Take time to listen and take care of your body and spirit.

## FAMILY AND YOUTH

Family is important and precious. Always let them know that they are loved. Let your children and grandchildren know you are always there to love and support them and that they mean the world to you no matter what they do or say. Children are of infinite value. Live what you teach. Spiritual

values, honesty, and integrity start in the home. We pray for the youth. We must teach the youth to work together and respect all that is living on our Mother Earth. We need to convey to our younger generations that the survival of our people lies in spirituality.

## PEACE

We pray to learn ways to settle differences peacefully. Teach respect for each other's ideas. Value honesty on all levels, from children to parents to community to governments. We will be happy when we create peace with each other.

## TO THE 7TH GENERATION

- \* Survive
- \* Keep hopes and dreams
- \* Take care of yourself
- \* Remember your spirit
- \* Be there for each other
- \* Respect courage
- \* Share knowledge
- \* Remember your true values

## Upcoming Senior Events

Twenty tickets are available for Elders to go the Seattle Mariners vs Tampa Bay and the Mariners vs the Texas Rangers. The first 20 to sign up will get the tickets.

We also have tickets for Champions On Ice at the Key Arena on May 24th. Call Lea Cruz at 432-3936.

## SENIOR MENU

Food Group	Monday	Wednesday	Thursday
Meat Vegetable Fruit Grains/Bread Milk		Hamburgers Broccoli Salad Fruit Salad Wheat Buns Milk	2 Chicken Fajitas Green Salad Fruit Tray Brown Rice, Beans Milk
Meat Vegetable Fruit Grains/Bread Milk	Beef Stroganoff Steamed Broccoli, Green Salad Fruit Tray Noodles, Chocolate Pudding Milk	7 Ham & Scrambled Eggs Baby Carrots with Dip Berries Waffles Milk	9 BBQ/Baked Chicken Coleslaw, Green Salad Fruit Kabobs Flavored Brown Rice Milk
Meat Vegetable Fruit Grains/Bread Milk	Taco Salad Bar w/Chicken Corn, Broccoli, Tomato, etc Pineapple and Banana Applecake Sour Cream, Milk	14 Beef Stew Green Salad Fruit Tray Whole Wheat Rolls Milk	16 Pork Chops Broccoli, Green Salad Applesauce, Fresh Fruit Brown Rice, Wild Rice Milk
Meat Vegetable Fruit Grains/Bread Milk	Stirfry Chicken Stirfry Veggies Fruit Tray Egg Rolls, Rice, Cookie Milk	21 Spaghetti & Meatballs Broccoli, Green Salad Fruit Salad Bread Sticks Milk	23 Chalupa w/ Meat Carrots & Broccoli w/ Dip Fruit Tray Corn Chips Milk
Meat Vegetable Fruit Grains/Bread Milk	Swiss Steak Mashed Potatoes, Green Salad Fruit Salad Whole Wheat Rolls Milk	28 Chicken Enchiladas Green Beans, Green Salad Oranges & Pineapple Brown Rice, Beans, Cookie Milk	30

## KTP Employees Walk Off Jobs to Protest Firing of several Employees

### *Tribal Council Hosts Public Meeting to Hear Complaints*

Employees of the Kamilche Trading Post (KTP) walked out March 19, locking the doors behind them in protest of what they believe to be unfair firing of four employees since Little Creek Casino took over management of the store.



According to those employees, they were wrongfully terminated due to accusations of drug use. They deny the accusations, saying there is no proof to support those claims.

Shortly after the walk out, Little Creek Casino management ordered the employees back to work or risk termination themselves. All but one employee returned to their work stations.

Many tribal members rallied to support the KTP employees, lining up across the street, waving protest signs with slogans such as "culture before profit" and "unfair treatment."

Tribal police officers and Little Creek Casino security were called upon to keep protesters off commercial property to ensure the demonstration would not interfere with business operations.

A memo was distributed to employees of tribal government stating, "The right to peaceably assemble is a fundamental right of all people, and one that the Squaxin Island Tribe supports. However, every employee has a duty to comply with employment policies and procedures,

including attendance requirements. Employees are not allowed to use work time or

equipment to organize, plan or communicate demonstrations or other political activity.

"All demonstrations and gatherings must be peaceful and must not interrupt or interfere with normal business and governmental operations. Failure to adhere to these requirements may result in arrest and criminal charges."

As the movement gained momentum, the Tribal Council, who had been on

retreat at Ocean Shores, returned home and held a public meeting at 5:00 p.m. on Thursday, March 20 to "hear any concerns and grievances that need to be expressed."

Nearly 100 people attended the meeting and expressed their concerns about the firing of employees, not only at the KTP, but the casino and government as well.

"We are hurting our own people instead of helping them," Sue McFarlane said.





Other concerns expressed included distribution of casino profits, costs of casino expansion, provision for treaty-related jobs such as clam digging (seeding and openings), employment of tribal members, support for tribal artists, respect for committees and their recommendations, scheduling of Tribal Council meetings, the need for a Public Defender in Tribal Court, emergency response plans and the taking of license plate numbers at the KTP.

Wilson Johns said, "I have seen people hurt by drugs and alcohol. I understand the harm they can do. But where is the proof?"

Tribal Chairman David Lopeman, thanked everyone for coming to the meeting and promised Tribal Council would look into these issues and hold additional public meetings.

"Every employee has rights," he said. "The issue has to go through the grievance process to ensure everyone's rights are protected."

In response, management said that it was not able to discuss an employee's termination or pending discipline because the employee's privacy rights preclude it and because an employee is entitled to a fair grievance process.

If any employee feels that the firing was unfair, that employee is entitled to file a grievance.



## Blood Quantum and Lineal Descent

David Whitener, Sr. - Indian Tribes in recent history have begun to assert inherent sovereignty. Sovereignty includes the authority to determine the citizenry of the sovereign. Congress and federal agencies within the Department of Interior influence the determination of citizenry of Indian tribes in the United States.

The underlying philosophy of the U.S. government regarding Indians is one of assimilation. It is no secret that many attempts have been made to dissolve Indian tribes. House Concurrent Resolution 108 was in effect during the 1950s, often called the "termination era." Several tribes in the country were terminated at this time. Squaxin Island was on the list for termination, but we resisted successfully. Not so, the Klamath's, the Menominee's and the North half of the Colville.

In 1877 the Dawes Act insidiously robbed many Indians of their land base (also

known as the Allotment Act) assigning a number of acres to the heads of households. This was another process foreign to most Indians who regarded land as sacred, not to be owned.

The 1934 Wheeler Howard Act offered tribes across the country the opportunity to organize themselves under a constitution if they so chose. In doing so, the criteria were set for deciding who could or could not be an Indian in a federally recognized tribe. Constitutions were crafted by employees of federal agencies, mainly the Bureau of Indian Affairs.

Blood quantum is a factor in most all the constitutions adopted after the act was passed. A few tribes such as the Cherokee and the Puyallup rely on lineal descent for establishing citizenry.

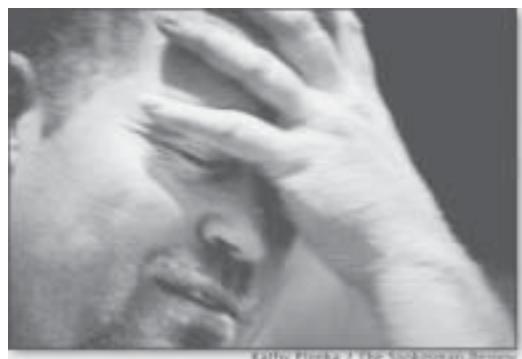
Arguments both pro and con abound in Indian Country. Many would favor lineal descent hoping their children and grandchildren might consider themselves "Indian" along with their parents and grandparents. May others would rather not see blood degree diluted and treaty rights or natural resources impacted by large numbers of members.

Questions and opinions surrounding this topic of discussion have quietly been collecting. What would we do about the impact on the resources if the Tribe grew to twice its current size? How do my grandchildren accept the fact they are not Indian when they have grown up believing they were part of the Squaxin Island Tribe? The Squaxin Island Tribe has the authority to determine its own citizenry. It has been doing so for many years. The question almost silently being asked is "How do we amend the process?" or "Do we want to amend the process?"

Thorough and thoughtful deliberation must occur before any decision made. Many tribes are asking themselves these questions. Some are making decisions. Some are still deliberating. We may want to discuss this issue and others in a community forum in the near future. If you have thoughts to express please contact the Deputy Executive Director or the Editor of the Kla-Che-Min.



## Meth A Health Peril for All of Us *Part II*



### THE ADDICT MIND

Meth's mental consequences are as disastrous as the physical ones. Adrenaline agitates your mind, especially at such extreme levels. Meth addicts are aggressive, belligerent and mean, experts say. Or they are anxious, fearful and paranoid. These extreme feelings persist for weeks, exacerbated by fatigue.

Meth addicts often beat their children, their spouses and their friends. They imagine a cop lurking behind every curtain, and another doper intent on stealing their stash - behind every door.

Sarah Cook's son, a meth user since 1996, runs outside with knives "because he thinks people are after him," the Coeur d'Alene woman says. "He tears his clothes off and ties them around his head. "He picks and picks and picks at himself, like there are bugs inside his face. It's Satanic."

Even Wade, clean for five years, props a space heater against the inside of the door when he goes into the bathroom - in case someone comes after him. Injecting meth, or "slamming," is the most powerful high. Users mix meth with water in a spoon and then inject the mixture into their veins.

Physicians once believed time and abstinence would clear an addict's brain. Now it appears damage is permanent. Cerebral scans show large areas of meth users' brains either no longer function or appear to be missing entirely, Stalcup says. Meth addicts don't realize they are making themselves stupid. And they can't stop using.

The craving is so intense that "some people get addicted to the (needle) prick," says Angela. "Your addict mind thinks there's going to be a rush. I have friends who get a rush just from a needle - giving blood."

People who use meth as little as twice a month are at great risk of becoming addicted. It's both psychological and physical:

the sexual rush; a cheaper, longer-lasting high than even cocaine; a brain and body soon rewired so that increasing levels of meth are the only way to feel good. "It makes you feel like you have control of your life. Like you are something, someone. You don't feel lonely," says Virginia Holme, 24, who recently graduated from a treatment program at the Isabella House in Spokane. Meth also is hard to avoid because, to many addicts, using isn't wrong.

### THEY LEARN IT AT HOME.

"I remember my aunt smoking crack," Holme says of her early years in California. "I never asked, 'What's that?' It was normal."

When Holme smoked meth for the last time in November, she got high with her mom at a house in Airway Heights. Holme ended up in the hospital at Christmas a few years ago after a meth-fueled fight with a girlfriend. Her mother once put her baby sitter in the hospital after a meth-induced fight.

Addicts stay on meth to avoid the hell of coming down into intense depression, and to delay feeling the consequences of running a malnourished, fatigued body at full throttle for days. The more they use, the more they need. They crash, sleep for days, and start again. If they quit using, they still long for the drug, smelling it, tasting it, twitching without it.

"It's worst 180 days after you stop," Stalcup says. "You are irritable, your mind's racing, you literally dream craving."

### SELF-MEDICATION

Meth also is self-medication for a raft of problems. "We find no matter what the drug, it is a symptom," says Nancy Echelbarger, who runs Substance Misuse Services for the Spokane Regional Health District. "Ninety-five percent of both men and women use drugs to cover the memories, pain and anger of a traumatic past, or childhood, or both."

Most of the women who have been sexually molested and are "shattered at a level we know very little about," says Lindy Haunschild, coordinator of the Parent-Child Assistance Program in Spokane. "When they reach adolescence, they go to

drugs and they go to the sexual arena and get pregnant."

Children born to these mothers also are likely to be sexually abused, Haunschild said. "They don't have stable, loving, nurturing parents to keep them safe. They end up being taken from their homes, moved around in the foster care system and are not allowed to bond" with an adult.

The mother gets pregnant again - in part to heal the loss of the child that social services has taken, in part to deal with other "very deep wounds," Haunschild adds.

One such woman has seven children, six of whom have been removed from her custody. She is trying to get pregnant again.

Children are trampled by meth. When they grow up in a home lab, they inhale volatile fumes and are burned by the caustic chemicals. They live amid household garbage that may get a foot and a half deep. They play outside where mom and dad dump hazardous byproducts. Some are locked in rooms for days by parents who don't want their kids to see them getting high and then forget to let them out.

If their mothers used the children were in the womb, they are born with behavioral problems and tremors, and they scream from withdrawal 24 hours a day. Many grow up to be drug users because their systems are hard-wired to crave this drug.

### WORMHEART

Angela's baby is due in June. Because she leveled with her doctor, her child will have an operation almost immediately after it's born. Otherwise, the baby would die within a few days. An ultrasound shows the infant's heart is backward and has two holes. That's a condition nicknamed "worm heart." Officially, it's called "transposition of the great vessels" and it's another signature of meth. As the child develops in the womb, the heart is supposed to rotate into normal position. When mom is a meth addict, the heart often remains reversed.

The brain, heart and kidneys form very early on - often before the mom knows she is pregnant - when the developing baby is the size of your thumb. If there's an insult to the organs, they don't develop properly. Meth is a very serious insult.

## Walking On Carol L. Blucher



Carol Lee (Todd) Blucher died in Shelton on Saturday, February 22, after a lengthy illness. She was 71 and had lived in Shelton for 35 years.

She was born June 5, 1931 in Parker to Samuel and Dorothy (Heaton) Todd.

She married William F. Blucher on February 17, 1968 in Coeur d' Alene, Idaho. Previously, she was married to Donald Lester in 1963. That marriage ended in divorce in 1968. She was married to Donald H. Barker in 1951. That marriage ended in divorce in 1960.

Mrs. Blucher was a retired cook.

She was a member of the Galloping Agators 4-H Club. She enjoyed taking care of her two dogs and traveling to Arizona in the winter.

She was preceded in death by her parents and a sister, Dorothy Wiles.

Survivors include her husband, William F. Blucher of Shelton; daughter Nancy Barker of Shelton; stepdaughters Kris Hanson, Patty Aiassa and Linna Maginnis, all of Tacoma; sons Marvin Barker and Dale Barker of Shelton and Mark Lester of Spanaway; stepson Tim Blucher of Olympia; sisters Mary Waldburger of Shelton, Jean Eidman of Silverdale and Netta J. Crookshank of Auburn; 16 grandchildren and seven great-grandchildren.

A graveside service was held at 1:00 p.m. on Thursday, February 27, at Tahoma National Cemetery in Kent.

**Condolences  
to Nancy Barker  
on the loss of your mother.  
Our hearts are with you.  
We appreciate all you do  
on behalf of our kids!  
From the ICWs**

## County Commissioners Approve Special Commission of Tribal Officers

*Continued from Page One*



"The Squaxin Island Officers and Mason County Sheriff's Deputies will be in constant communication as suspects are taken into custody," Tribal Attorney Kevin Lyon said.

The Memorandum of Agreement states, "The Tribe and MCSO each have determined that better and more efficient law enforcement services can be provided to all persons within their respective jurisdictions if law enforcement officers have the ability to provide cooperation and assistance, including re-enforcement, immediate response assistance, assistance in the service of state or tribal search or arrest warrants, to law enforcement officers in neighboring service jurisdictions, so that the nearest available officer, whether county or tribal, may respond as promptly as possible in situations where human life or property is endangered," the Memorandum of Agreement reads.

"The MCSO and the Tribal Police shall each keep each other apprised of changes in their operational policies, guidelines, and significant changes in the law of their respective jurisdictions for the purpose of facilitating communication and ensuring the timely and efficient delivery of services.

In addition, Mason County Commissioners expressed their gratitude for funds received through the Little Creek Casino Community Contribution Fund which will cover costs of one full time employee who will serve the area near the tribal community.

"This is an extraordinary agreement," Kevin said. "It speaks to the level of cooperation between our officers and the Sheriff that they have this kind of trust and

communication. We've been working toward this since 1983, and we're very happy to see it finally become a reality."

## Squaxin Passes Audit with Flying Colors

Lynn Scroggins - Squaxin was recently audited by USDA to assure that the Tribe's USDA funded facilities - Sally Selridge Heath Center, wastewater treatment facility, and Museum Library and Research Center - comply with federal laws concerning civil rights and Americans with Disabilities Act (ADA) access for users of those facilities. Facilities were checked, questions answered, recommendations made, and.... we passed!

### DID YOU KNOW?

- The Health Center has on-call services available to assist the hearing impaired and/or those with limited English proficiency.
- The Health Center has model parking spaces that allow wheelchair access through clear signs, ample spaces for vehicles and load/unload zones, and gentle 5% and 2% pavement grading.
- The Museum has model restrooms with handicapped accessible toilets, lowered sinks, and wider doorways that allow wheelchair users to have maximum mobility.

For more information about civil rights compliance or ADA access, please contact the Planning Department at 426-9781.



# COMMUNITY



## Upcoming MLRC Events

Dempsey Bob, a well-known Native artist will be giving a presentation of his work at 7:00 p.m. April 11th at the museum.

## Water Sounds Annual Art Auction

1:00-4:00 p.m. - Shaun Peterson, a well-known Salish artist will be presenting his work through a formal presentation. He will discuss the research and teachings that guide his work. Shaun's art forms include original paintings, limited edition serigraphs, drums, wood sculpture, steel and most recently, glass. Shaun's work can be found in the US, Canada, Germany, Ireland, Japan and China.

4:00-5:30 p.m. - Preston Singletary, A well-known Salish artist, will be presenting his work in glass. Preston is an accomplished artist with pieces residing throughout the world. His notable most work is with glass and carvings. Preston will give a lecture about his work and experiences.

5:30 p.m. - Shabubish, Bruce Miller, will be doing a performance to kick off the annual auction beginning at 6:00.

6:00 p.m. "Annual Water Sounds" Art Auction begins. Reception and silent auction at 6:00. Live auction beginning at 7:00. \$50 bid ticket price applies.

## Shop the MLRC Gift Shop for Great Mother's Day, Father's Day and Birthday presents!!!



Hood Canal students visit the MLRC

## Happy Birthday to Our Sister, Marie (Center)



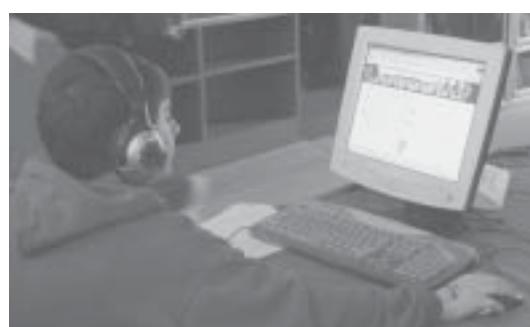
Lots of Love  
Your Sisters Gloria (L), Margaret (R) and Lydia

Picture taken at the 7th Annual California Indian Basket Weavers Gathering  
in Thousand Oaks, CA

## Happy 19th Birthday Jolene (4/20)



Happy 1st Birthday Kiana (4/9) left  
Love,  
Mom, Dad/Vinny and Malia



Happy Birthday Dad  
We Love You!  
From Your Family  
Janice, Traci, Christina, Ruth,  
Angie, Justin, Jerad, Little Jon,  
David, Shirley and Derick

Happy Birthday Auntie Lila  
Love,  
the Seymour Clan

Happy Birthday  
Auntie Mable  
Love,  
the Seymour Clan



# HAPPY BIRTHDAY



Duane Cooper	4/1	Joanna Peters	4/10	Chasity Villanueva	4/21
Famie Mason	4/1	Kenneth Selvidge	4/10	Joshua Whitener	4/21
Seattle Morris	4/1	Dorinda Thein	4/12	Tracy West	4/21
Daniel Hall	4/2	Darren Ford	4/12	Lenice Evans	4/22
David Peters, Sr.	4/2	Russell Harper	4/12	Ronald Cooper	4/23
Jacqueline Crenshaw	4/3	Debra Peters	4/14	Rebecca Keith	4/23
Kathy Brandt	4/4	James Peters	4/16	Cameron Goodwin	4/24
Elizabeth Campbell	4/4	Bryan Parker	4/16	Lorrain Algea	4/25
Joseph Harrell	4/4	Ronald Shaefer	4/16	Casey Krise	4/25
Janice Van Alstine	4/4	April Melton	4/17	Cynthia Parrott	4/25
Mathew Block	4/5	Jeff Peters	4/17	Evelyn Allen	4/26
Chauncy Eagle Blueback	4/6	Teresa Krise	4/18	Chauncy Blueback	4/26
Robert James	4/6	Douglas Johns	4/18	Russel Algea	4/26
Carolyn Hoosier	4/7	Daniel Kuntz	4/18	Doug Tobin	4/27
Michael Kruger	4/7	Mable Seymour	4/19	Becky Pickernell	4/27
Rhollie Rocero	4/7	Elisha Peters	4/19	Wesley Whitener	4/28
Marcella Castro	4/8	Jolene Grover	4/20	William Lopeman	4/29
MiÓChelle Mach	4/8	Pamela Peters	4/20	Redwolf Schalaq Krise	4/29
William Henderson	4/9	Vicky Turner	4/20	Claudia McFarlane	4/29
Lila Jacobs	4/9	Edward Henry II	4/21	Toby Brownfield	4/30
Cheryl Van Alstine	4/9	Elizabeth Obi	4/21		
Antonia Jamea	4/10	Emily Sigo	4/21		



## W H A T ' S   H A P P E N I N G

		1	2	3	4	5
				Sr. Mtg. @1:00 Sr. Room		Good News Book Club 10:30
6	7 Drum practice 6:00 p.m. MLRC Shellfish Mtg. @ 9:00	8 Court Church 7:30	9 Aquatics Meeting 9:00 Bingo @ 6:45	10 Tribal Council Scrapbooking @ 1:00	11 Potlatch Housing Commission 9:00 in the Annex AA Meeting 7:30	12 Potlatch Good News Book Club 10:30
13	14 Drum practice 6:00 p.m. MLRC	15 Church 7:30	16 Aquatics Mtg. @9:00 NR Conference Room Bingo @ 6:45	17 Scrapbooking @ 1:00	18 AA Meeting 7:30	19 Good News Book Club 10:30
20	21 Drum practice 6:00 p.m. MLRC	22 Court Church 7:30	23 Bingo @ 6:45	24 Tribal Council Scrapbooking @ 1:00	25 Housing Commission 9:00 in the Annex AA Meeting 7:30	26 Good News Book Club 10:30
27	28 Drum practice 6:00 p.m. MLRC	29 Church 7:30	30			

# April Youth Activities

		1 Gym Closed Maintenance	2 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	3 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	4 Baton 3-7	5 Open Gym 11:30-8
6 Open Gym 3-7	7 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	8 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	9 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	10 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	11 Gym Closed for Potlatch	12 Gym Closed for Potlatch
13 CLOSED	14 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	15 Gym Closed Maintenance	16 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	17 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	18 Baton 3-7	19 EASTER EGG HUNT Begins @ 10 a.m. SHARP 12 & Under
20 CLOSED	21 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	22 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	23 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	24 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	25 Baton 3-7	26 Open Gym 11:30 - 8
27 Open Gym 3-7	28 Homework Help 3:00 - 5:00 T-Ball Practice 4:30 - 6:00	29 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	30 Homework Help 3-5 Open Gym 3-6 16- 6-? 17+	At the time this calendar had to be turned in, I have not received the baseball schedules for T-Ball and Rookie League. Opening day is April 5th. Teams should be playing on that day.		

SQUAXIN ISLAND TRIBE  
70 S.E. SQUAXIN LANE  
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